

# CONFERENCE ON SPORTS REHABILITATION

11<sup>th</sup> January 2017

**Organizing Team: Dr Davinder K. Gaur, Dr Jyoti Dahiya, Dr Richa Rai**

A conference on “Sports Rehabilitation” was organized in the Institute as a value added program for all the students for their knowledge up gradation. Event started with lamp lightening & introductory speech from the Director, Dr. Sanjeev gupta. The eminent speakers for the conference, **Dr Prateek Gupta**, Consultant Orthopaedic and Sports Surgeon, Sir Gangaram



Hospital, Patel nagar, **Dr Vishwadeep Sharma**, Consultant Department of Orthopaedics, Fortis Hospital, Vasant Kunj, **Dr. Mhmd. Danish**, Physiotherapist, Sports Authority of India (SAI), **Dr. Deepak Malhotra**, Assistant Professor, Sports Physiotherapy department, Jamia Hamdard university, New Delhi, **Dr. Tabish Fahim**, head of Department of Physiotherapy, School of Health Sciences, Noida International University, Greater Noida, enlightened us all with various causes and pathogenesis of Common sports injuries of lower limb & upper limb in sports. Dr Prateek Gupta & Dr Vishwadeep Sharma had discussed the recent advances in surgical care along with a case study and practical demonstrations of assessment required on sports field. Dr. Danish Mirza, emphasized on needs of sports physios on field and shared live experiences of SAI and motivated budding physiotherapist for inclination towards sports. The very informative lectures were followed by question answer round between the speakers & students in which Students very enthusiastically participated and got enlightened. Dr. Deepak Malhotra & Dr.



Tabish Fahim illuminated about recent treatment approaches in Physiotherapy management of Common upper limb & lower limb injuries in sports. The event was concluded by vote of thanks from Dr Davinder followed by lunch.

The memorizing moments of conference were deeply engraved in the hearts of all forever.