

BCIP at GGSIP UNIVERSITY 14th ANNUAL SPORTS MEET 2017



GGSIP Sports Meet 2017 Banner

Guru Gobind Singh Indraprastha University organized *14th Annual Sports Meet* in Dwarka campus from 18th to 20th October 2017. Many colleges participated in different games like volleyball, athletics (sprint & marathon), shot-put, tug of war, long jump, weight lifting & a new addition of tennis & yoga this year. Banarasidas Chandiwala Institute of Physiotherapy (BCIP) was invited again to organize a sports physiotherapy services camp in this event.

Honorable vice-chancellor, IP University - *Prof. Anil K. Tyagi*, along with other Guests of the university greeted the event and with the support of Prof C.S Rai, Director Student welfare and Mr H. Gaur, Assistant Registrar, Sports, the opening of the event with lamp lightning & flying balloons was declared.

On the first day of event flag march was performed by all affiliated & campus colleges. The day encountered significant amount of sports injuries in the form of ankle sprain, muscle cramp and bruising appeared for medical & physiotherapy support area in the primary care health centre of the university.

The minor injuries of cramp, bruising or contusion of soft tissue were treated on field by sports physiotherapy team members & towards the end of the day as participants played with great enthusiasm & energy injury reports increased significantly. Physiotherapy support was provided by work force team of BCIP; Dr Sanjeev Gupta (PT) Director, Dr Davinder Kumar Gaur (PT), camp coordinator & sports incharge, along with graduate & postgraduate sports specialty physiotherapist to all the needed players on the outfields of volleyball, basketball, athletics and badminton. Stationed task force on ground provided icing, tapping, local pain reliving sprays & various other treatment modalities to injured players of ankle sprain, muscle cramps & contusions. During the event on 19th encountered a medical emergency which was transported in CATS ambulance to the nearby DDU Hospital for primary care with ACL injury in basketball. Over hundred cases of injury were encountered on this event depicting the need of sports physiotherapy support in such events. Valedictory ceremony of the event concluded the event on the last day. The event embedded deepest memories in the hearts of all viewers & hoped to achieve great ventures in upcoming future.



BCIP Sports Physiotherapy Team on volleyball field of university.