

SPECIAL OLYMPICS BHARAT
&
MOTHER'S LOVE WELFARE SOCIETY
With
BANARSIDAS CHANDIWALA INSTITUTE OF
PHYSIOTHERAPY
Organized
FIT FEET PROGRAMME FOR SPECIALLY ABLED
ATHLETES



Special Olympics Bharat and Mother's Love Welfare Society organized Fit Feet Program for Specially Abled Athletes in association with Banarsidas Chandiwala Institute of Physiotherapy.

The event was organized at Thyagraj stadium New Delhi on 21.9.16 and 22.9.16 from 9.00am to 5.0pm. BCIP provided physiotherapy services in the form of

assessment & screening of the qualifying participants for Special Olympics Games. Our team of sports physiotherapists headed by the Director, Dr Sanjeev gupta and Dr Davinder Kumar Gaur (PT.) - Team coordinator & Dr priyanka chugh, physiotherapy faculty along with 39 BPT & MPT students of batch 2013 & 2016, provided pre-screening evaluation and fitness assessment of over 180 differently abled athletes from different schools of India.

After the inauguration ceremony by the SOB area director Mrs. Mukta, Special Olympics the assessment started at around 10.30am. On the first day of event over 100 registered participants underwent evaluation on 5 different stations made for assessment with their perspective screening forms for Fit Feet Athlete Program. Athletes were from sports like athletics, volleyball & throwing sports. One by one at



four different stations, namely station1: Foot examination, station2: Biomechanics of foot & ankle assessment, station3: Gait assessment, station 4: Balance assessment, and station 5: FIT Feet education & distribution of socks for foot hygiene. After approximately 7

hrs of rigorous continuous work and efforts the day ended. Second day started with assessment of athletes from 9am with over 80 participants screened subsequently. Towards the end of event organizers felicitated students of our college with certificate of appreciation and followed by lunch.

Organizers appreciated the efficiency of work & services provided by us and supported with their full cooperation during assessment. Participants having dental difficulty were also assessed by Dr Meera, Dean dental college, amity.

Towards the end of the day all therapist were greeted by the organizers with certificate distribution on stage and appreciation for our support was extended by Dr Bisht, Podiatrist, Action balaji Hospital & Ms Rochelle & Mrs. Mukta, area director, SOB, towards Dr Davinder for coordinating the event successfully &

efficiently with the organizers. The event proved to be a learning experience for all the team members and left us with harmonious memories.