

## IHFACON 17

A NATIONAL CONFERENCE ON SPORTS INJURIES AND REHABILITATION (IHFACON 2017) was held at Pragati Maidan on 24<sup>th</sup> August 2017. Dr Sumit Kalra and Dr Nidhi Kalra were invited as guest speakers for the same. It was great to be part of such a wonderful interprofessional collaborative networking platform that promotes health, fitness and rehab as a way of life. The lecture deliberations, panel discussions and research presentations were conducted to provide updates on recent developments in all fields related to health, fitness and wellness globally and in India.

