

Vol. 06 | Issue 01 | January - March 2014

## Editorial

*Dear Readers,*

*It gives me a great pleasure to launch this new issue of our journal. There are a lot of challenges which the growing economies face in the realms of basic healthcare in life. Technology can play a very distinct role in bringing about this change. It is very important that different stakeholders unite and collaborate on issues which confront this change. One of the key objectives of physiotherapy research should be its usability and application in technology domain.*








*The scope of our Journal has expanded to accommodate the latest of information and activities in physiotherapy research and practice. We encourage not only traditional theoretical and experimental physiotherapy research, but also welcome research that builds on technology advancements, and physiotherapy research that connects to clinical application within the Journal's domain. I specially wish to draw reader's attention towards remarkable work done in the case report: "Managing ulnar nerve injury", by Altaf H. Mir, A S Moorthy and Nida. M.*

*I would like to thank all the editorial team members, reviewers and publication team which has helped in making this journal a possibility. We hope that the research featured here sets up many new milestones. I look forward to make this endeavour very meaningful.*

*Thank you in advance for your valuable contributions to the Journal.*

  
**Sanjeev Gupta**  
 Editor-in-Chief

## Contents

	Association of Body Mass Index with Peak Expiratory Flow Rate & Resting Heart Rate among Growing Children <i>Reema, Richa Rai, V.P.Gupta and Mahendra Negi</i>	257
	A Survey on Usage of Various Electrotherapeutic Modalities and Exercise Therapy Techniques in Private Physiotherapy Practices in Delhi <i>Meghna Parmar, Sumit Kalra and Ashu Gupta</i>	261
	To Compare the Effectiveness of three different Techniques Post Isometric Relaxation, Integrated Neuromuscular Ischaemic Technique and Passive Stretching in Upper Trapezius Trigger Points Treatment <i>Preeti Singh, Savita Tamaria and Niti Khurana</i>	265
	Comparison of Foot Posture in Runners (Sprinters) and Non-Runners in Indian Population <i>Nikhil Aggarwal, Chaya Garg and Harmeet Bawa</i>	268
	Relation of Stress and Physical Performance with Quality of Life in Stroke Survivors: Comparison in Acute and Chronic Stage <i>Kushmandey Sharma, Charu Chopra, Jasmine Anandabai and Alka Sinha</i>	272
	Managing Ulnar Nerve Injury: A Case Study Report <i>Altaf H. Mir, A S Moorthy and Nida. M</i>	275
	Heart Rate Response and Forced Vital Capacity Post Sub Maximal Exercise Testing in Hypertensive Subjects <i>Twinkle Vinayak, Richa Rai and Divya M. Sharma</i>	277