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Editorial

Dear Readers,

I am honoured to release this issue of our journal. This issue also encompasses some significant researches & innovative approaches in physiotherapy.

As a standard feature it is again representing the culmination of efforts from many people who believe that research publications deserve proper exposure & recognition. Our mission is to publish innovative researches & information for evidence based practice.





I specially wish to draw reader's attention towards remarkable work done on " Experimental Study to Compare the Different Regimes Used in Core Strengthening" by Mandeep Singh, Manish Arora and Jasdeep Kaur. Such researches need to be promoted & provide a basis for future studies.

I congratulate the editorial team for their valuable efforts & look forward to receive more research & review papers as well as technical reports, etc in future also.

On behalf of this publication's colleagues & contributions, Welcome!


 Sanjeev Gupta
 Editor-in-Chief

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