



Editorial

Dear Readers, It is a feeling of contentment, when I again connect myself with the scholars and researchers of my field through the release this issue of our prestigious journal. I must thank my editorial team for bringing together two important aspects of physiotherapy namely "change" and "practice". While we are still in process of evolving standards of best practices; I am sure, our journal provides a medium for researchers to put forth new ideas and facts for its furtherance. A valid evidence is all that is required to reinforce scientific basis of physiotherapy and combat challenges faced by our profession. A local resource with data, information and guidelines is being consolidated by every intellectual work published in journals or other resources. I am happy that many physiotherapists are contributing to its development story.

The research ideas and initiatives happening around and coming across are quite encouraging. Many of them being eye-opener for me personally! I may be allowed to highlight an article of this issue by Ms. Aashim Chugh title "To compare the influence of the tactile sensitivity and hand grip strength on functional outcome in elderly population in relation to age and gender" the efforts and intellect invested in the endeavor is really commendable. While I congratulate all authors for their valuable inputs and contributions I mention special appreciation for Ms. Aashim Chugh.

Our unsung editorial team remains the powerhouse behind our modest attempts and initiatives and I realize it at every stage of this publication. I stand behind my editorial team to keep it erect against all odds.

On behalf of this my colleagues & contributors of this publication, Welcome!


 Sanjeev Gupta
 Editor-in-Chief

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